WHAT IS CLAIMED IS:

- 1. An automatic hitch comprising:
- (a) a base;
- (b) a support surface;
- (c) a jaw assembly connected to said base and having engaged anddisengaged positions;
 - (d) a biasing member associated with said jaw assembly, said biasing member configured to normally bias said jaw assembly downwardly toward said support surface; and
- (e) a release mechanism configured to apply upward force to said jaw
 10 assembly upon downward actuation of said release mechanism to move said jaw
 assembly into said disengaged position.
 - 2. The automatic hitch as in claim 1, further comprising a casing configured to house said base.
 - 3. The automatic hitch as in claim 1, wherein said jaw assembly comprises a counterbalance.
 - 4. The automatic hitch as in claim 3, wherein said counterbalance is configured to augment said biasing member.
 - 5. The automatic hitch as in claim 1, wherein said jaw assembly comprises a hook at one end.
 - 6. The automatic hitch as in claim 1, wherein said jaw assembly is pivotally connected to said base.
 - 7. The automatic hitch as in claim 1, wherein said release mechanism comprises a disengaging arm adjacent to one end of said release mechanism.

- 8. The automatic hitch as in claim 1, wherein said release mechanism comprises an actuation step.
- 9. The automatic hitch as in claim 1, wherein said release mechanism is pivotally connected to said base.
- 10. The automatic hitch as in claim 1, wherein said biasing member comprises a spring.
 - 11. An automatic hitch comprising:
 - (a) a casing;
 - (b) a base having a support surface;
- (c) a jaw assembly pivotally connected to said base and having engaged
 and disengaged positions;
 - (d) a biasing member associated with said jaw assembly, said biasing
 member configured to normally bias said jaw assembly toward said support surface;
 and
- (e) a release mechanism configured to apply upward force to said jaw
 10 assembly upon downward actuation of said release mechanism to move said jaw
 assembly into said disengaged position.
 - 12. The automatic hitch as in claim 11, wherein said jaw assembly comprises a counterbalance configured to augment said biasing member.
 - 13. The automatic hitch as in claim 11, wherein said release mechanism comprises a disengaging arm adjacent to one end of said release mechanism.
 - 14. The automatic hitch as in claim 11, wherein said release mechanism comprises an actuation step.
 - 15. The automatic hitch as in claim 11, wherein said release mechanism is pivotally connected to said base.

- 16. The automatic hitch as in claim 11, wherein said biasing member comprises a spring.
 - 17. A method for releasing a tongue from a hitch comprising the steps of:
- (a) providing a hitch assembly having a top action jaw assembly in association with a release mechanism;
 - (b) applying downward force on one end of said release mechanism;
- 5 (c) creating an upward force on opposite end of said release mechanism; and
 - (d) applying said upward force to said jaw assembly to move said jaw assembly to a disengaged position.
 - 18. The method of claim 17, further comprising the step of providing a biasing member providing a normally downward bias to said jaw assembly.
 - 19. The method of claim 17, wherein said step of applying downward force is provided via an actuation step.